

# MALI: KOUTIALA HOSPITAL AND CLINICS

## ITEMS NEEDED:

### Bandages

1. ROLLED: most needed (see following information sheet)
2. Adhesive or other skin tape
3. Gauze compresses (4x4") or rolls of gauze/Vaseline compresses/iodiform gauze/packing
4. Band aids—all sizes
5. Kling bandage rolls

### Medications

1. Tylenol (or other brands) for infants, children, (adult not needed, easily available in country)
2. Antibiotic ointments for sores
3. Multivitamins with or without iron—children's chewable (children's vitamins must contain zinc), adult
4. Tubes of 1% hydrocortisone cream or other steroid cremes
5. Xylocaine/Lidocaine
6. Benadryl or other antihistamines
7. Tums and/or other antacids

### Mama Packs (One Mama Pack is given at delivery to each Mama for her baby)

These packs can be made up in gallon-sized zip-loc bags and sent to Shelby Alliance to send on to the hospital.

Mama Packs include:

1. Newborn hat
2. Infant t-shirt or onesie
3. Newborn socks or booties
4. Infant blanket

## **Other Supplies**

1. Q-tips
2. Cotton balls
3. Medical scissors—metal, sterilizable
4. Gloves—sterile, non-sterile
5. Stethoscopes/Blood Pressure cuffs
6. Baby gowns/nighties/onesies/diapers (cloth and disposable)
7. Pill bottles with snap-on lids (to hold liquids)—No “child-proof” lids
8. Soaps
9. Patient gowns
10. Various “home care” medical supplies (i.e. Blue chux, fractured bedpans, lotions, adult diapers, etc.)
11. Razors (double blade facial/leg-type razors) disposable or otherwise
12. Child toys from happy meals (under age 3 toys)

## **MAILING INSTRUCTIONS:**

Packages are being mailed through the Shelby Alliance Church. Please contact Jean Viers, church secretary, before sending any packages to the church. Jean can be reached by phone at (419) 347-2160 or by email at [mviers1@neo.rr.com](mailto:mviers1@neo.rr.com).

### **Mailing address:**

Shelby Alliance Church  
105 East Smiley Avenue  
Shelby, OH 44875

It will cost about \$8 per cubic foot to pay for the container costs from Ohio to Mali. This is much less than boat mail (which is no longer available) or air mail; so if you are able to send a contribution to help defray this cost, it will be much appreciated.

## **HOW TO MAKE ROLLED SHEET BANDAGES**

1. The bandages should be made out of used sheets that are 100% cotton, cotton/polyester, or similar materials. They can be any color or print. One place where you might find used sheets is motels or hospitals.
2. The sizes most often used are widths of 2, 3, 4, or 5 inches. The sheets can be torn in these widths. The ends should be sewn together to make one continuous length of bandage. These lengths are then rolled by hand (or some creative people make a bandage roller similar to what people used for an apple peeler) until they are 2" or 3" in diameter. Larger in diameter than that makes it clumsy to handle.
3. When the bandage is done, secure the end of it either with a hand-sewn stitch or a rubber band.