



Spring 2022 Urgent Needs List

BONGOLO HOSPITAL: LEBAMBA, GABON

Arrival dates in Omaha: between Feb. 14 and March 11

Note: They have a lot of “mama packs” now, but if you already have some made up, go ahead and send them; if you have a lot of them, maybe send half of them this year. Please, no more “pillowcase dresses or shorts.” **All meds should have expiration dates 12 mo. away or later.**

NURSING SCHOOL

1. Timex wrist watches (with second hands, not digital, leather or metal wristbands) [qty. 30 ladies, 10 men’s] Send \$50-\$55 per watch to Coleen Lofgren at 41366 Scenic Highway, Bovey, MN 55709. She will be purchasing them around **Feb. 7**. Then send her an e-mail when you send it so she can be looking for it. You can make the check out to Coleen Lofgren and write: “Bongolo watches” in the memo.

SURGERY DEPT.

1. OR table covers* (qty. 175 sheets)

***Instructions for delivery table covers:** Use flat sheets twin or full-size, any color, out of cotton or cotton/polyester. Fold sheet in half so it is 48” x 66” (twin) or 48”x 81” (full). Sew or zig-zag around the entire doubled sheet, including the folded side, close to the edge. Then measure half-way down (33” or 40.1”) and sew across the sheet.

2. Sterilization Wraps**: 12”x12”, 24”x24”, 36”x36”, 48”x48” (100 ea. Size)

****Instructions for sterilization wraps:** You can make them out of gently used cotton and cotton/polyester material or sheets or old cloth tablecloths. Don’t use flannel as it is too loose a weave. Preferred colors are blue, green or white solid (others accepted though). To make them, cut the material 1/2” larger on each side than the size wanted. They are to be double thickness, with the seams on the inside. After sewing the two pieces of material, turn it inside right, then sew a seam about 1/2” around the entire square and then an “X” from corner to corner. This way, when they are washed, they will stay in place.

3. Rolled sheet bandages, made from used sheets: Widths should be 3”, 4”, and 5”. The diameter of the bandage when rolled should be 2”-3”. Be sure to secure the end of the bandage with a stitch or a torn long piece of material (not rubber bands or ribbons.) [qty. 75 lg. boxes]
4. Surgical blue towels (https://www.amazon.com/s?k=surgical+blue+towels+medline&ref=choice_dp_b)
5. Multi-vitamins, adults & kids [qty. 6 bottles (200 ea. - Adults); 6 bottles (200 ea. - infants)]
6. Antacids, adults & kids [qty. 10 lg. boxes]

HOSPITAL

1. Scrubs for women, size large and higher, tops and bottoms [qty. 60]
2. Scrubs for men, size medium and higher, tops and bottoms [qty. 100]
3. Hand towels (any color but white, new) [qty. 60]
4. Patient gowns - adult (various sizes) [qty. 100]
5. Patient gowns - child (various sizes) [qty. 100]
6. Sanitary napkins [qty. 40 lg. boxes]
7. Tweezers (for dressing changes) [qty. 100]
8. Scissors (for dressing changes) [qty. 100]

ADULT MEDS

1. Pepcid, 20 mg pills (bottle of 200 is \$11.50 at Walmart) [qty. 10 bottles of 200 ea.]
2. Pepto-Bismol tablets or Walmart Equate tablets [qty. 2500 tablets]
3. Omeprazole (over-the-counter) [qty. 2500 pills]

MATERNITY DEPT.

1. Delivery table covers (30 lg. boxes) (same as OR table covers)*
2. Baby powder, small (gift to new moms) [qty. 500]
3. Calcium carbonate (Tums or Rolaids) [qty. 2000 tablets]
4. Probe covers (condoms work well for this) [qty. 150]

PEDIATRICS

1. Chewable multi-vitamin tablets (not gummies) of Centrum Kids (or Junior) or Cerovite Jr. [qty. 10 lg. boxes]
2. Acetaminophen (Tylenol) caplets or tablets 325 mg, 500 mg, or children's liquid [qty. 10,000]
3. Ibuprofen 200 mg or 100 mg caplets or tablets or children's liquid [qty. 5,000]
4. Benadryl for kids (or generic equivalent) [qty. 20 bottles]
5. Saline nose drops, infant (small bottles that can be sent home with the patient) [qty. 60 bottles]
6. Children's coloring books & crayons (16 count box of crayons) [qty. 100 of each]
7. Small dolls [qty. 30]
8. Matchbox cars [qty. 50]

EYE CLINIC

1. Artificial Tears (lubricating drops; nothing with tetrahydrazoline or naphazoline or phenylephrine listed in the ingredients, nor anything that says "red out"; example, Theratears) [qty. 1000 bottles]
2. Zaditor (for allergies) [qty. 200]
3. Reading glasses (variety, especially high powers (+3.50) and low powers (+0.75, +1.00) [qty. 1000 pr.]
4. Sunglasses (wide earpiece style; sparkles for women) [qty. 500 pr.]
5. Muro 128 ophthalmic ointment (If you can't find "ointment," drops are fine.) [qty. 80]
6. Glasses cases (store-bought or handmade (see Pinterest)) [qty. 400]
7. Disposable pen lights (small, like a pen) [qty. 30]
8. Kleenex [qty. 200 boxes]

DENTAL

1. Toothpaste (not outdated)
2. Toothbrushes
3. Dental floss
4. Green or blue surgical towels (see surgical list #4)